

Ibadan/Ilorin Radio Magazine: *Ireti Eda (Man's Hope)*

Episode 4: Benefits of FP in General

HOST INTRODUCTION

1. **MUSIC:** THEME MUSIC UP AND UNDER
2. **YINKUS:** Welcome! Welcome listeners to another exciting edition of your favourite program *Ireti Eda*. My name is Olayinka Owoyemi and with me on the program is my friend and brother, the one and only rising star in the fuji world, he is no other than Bosun a.k.a Da Boss. Say hello to our listeners.
3. **BOSUN:** Hello everyone, it's your boy Bosun a.k.a Da Boss thanks for joining us on the program
4. **YINKUS:** Hmmm Da Boss, that your show yesterday.... Hmmm it was da bomb!!!
5. **BOSUN:** **(LAUGHING)** Hmmm Iyalode! You know Da Boss is da bomb!
6. **YINKA:** **(LAUGHING)** Bosun, you're not serious! **(SERIOUS)** Eh but come o, Da Boss, I didn't see your babe there o... I hope there's no problem
7. **BOSUN:** **(LAUGHS)** Yin-kus! You like drama too much! Ahn ahn! Ever since Sade and I started trying to discuss things a bit more, things have been better between us.
8. **YINKUS:** Ah well, Bosun that's good o. Abi I told you since... but only when Madam Adunni said it, you were ready to listen. Abi next time you'll listen to Yinkus, not so?
9. **BOSUN:** Yes ma.
10. **YINKUS:** Hmmm Da Boss... even though I enjoy you and Sade's drama, I enjoy our drama segment here on *Ireti Eda* more. Hmmm remember last time, we met Iyabo's sister, Tayo, who sees all night outings as a way to meet an eligible husband. Hmmm! Bello and Folashade discussed her secret relationship with Oyemade, and Iyabo told an unconvinced Lukman that there was no point in Abokede pursuing her education any longer since she had failed JAMB again. Let's see what will happen today. Over to drama!
11. **DRAMA:** DRAMA EPISODE 4 (4 SCENES FOR 12 MINUTES)

12. **YINKUS:** As I said before, O ga! (It's tough). Abokede is still having a rough time with Iyabo. Bosun did you follow me to hear how Iyabo dealt with Abokede. *Omo Adamo!*(son of man) May God help us. *Aye ma le ooh!* (the world is terrible)
13. **BOSUN:** Hmm we thank God for kind people like Lami in this world who will at least give Abokede some food.
14. **YINKUS:** Da boss, it's true o. And what of Oyemade, it's like he's tired of his and Folashade's secret relationship!
15. **BOSUN:** I agree with him jare. What kind of thing is that? Either they should break up or open up on their relationship? But Yinkus, I'm more concerned about Umoru and Lami. Their son Malik is barely a year and Lami is almost ready to deliver another baby. **They should've spaced their children by 3 years for their own good.**
16. **YINKUS:** Hmm Da Boss, I'm enjoying this new you o. **(LAUGHS)** Ever since our big aunty, Madam Adunni started advising us, it's like you've turned from a boy to a man. See my Bosun o... Mature man! I like it.
17. **BOSUN:** Hmm Yinkus... you know it's not easy. Gisting with a woman of experience and knowledge is a real gift and I'm taking the opportunity to learn.
18. **YINKUS:** **(SHYLY)** Ah Bosun, you mean me? I'm embarrassed. I'm blushing.
19. **BOSUN:** **(LAUGHS)** Yinkus, see you. I was talking about our big aunty, Madam Adunni! Imagine you thinking I meant you! **(KISSES TEETH)** Anyway listeners, we're going to take a short musical break right now and when we return, Madam Adunni will be here to talk with us. Enjoy this.
20. **MUSIC:** **MUSIC BY A POPULAR YORUBA MUSICIAN- 1.5MIN MAX**
21. **YINKUS:** Welcome back our dear listeners, that was the song "***Olowo mo we***" by the artist, ***Odulaye Aremu***, I hope you enjoyed it. Right now with us in the studio is our big aunty. She's a midwife, marriage counselor and respected woman in the society, she is Madam Adunni. You are welcome, Ma.
22. **SFX:** **FANFAIR OR WELCOME SHEKERE SOUND**
23. **M. ADUNNI:** Ah Da Boss, Yinkus! As always, thank you for that very warm welcome!
24. **BOSUN:** No problem, Madam Adunni. Thank you for being here with us.

25. **YINKUS:** Madam Adunni, last programme we were discussing family planning, and you remember we had to stop because we ran out of time. Hmmmm Aunty, if you see the way people were disturbing me this week, saying we didn't take their questions. Or they still wanted us to discuss more on the topic. I hope you don't mind ma, if we continue this week with more on family planning?
26. **M. ADUNNI:** Ah Yinka, no problem at all. I know we were cut short last week before we could really get into the benefits of family planning.
27. **BOSUN:** Okay Madam Adunni, Yinkus, I think we should go straight to our listeners and start answering their questions at once. Already we have Yetunde on the line waiting to ask our big aunty a question. Yetunde, go ahead. Madam Adunni is listening.
28. **INSERT:** **(YETUNDE's VOICE VIA PHONE)** *I am a mother of two very small children and I listened to the programme last week when you mentioned how family planning can help a woman stay youthful and look younger. Please Madam Adunni, I used to be an energetic, happening young lady, and now I feel drained. Even people have noticed. How does family planning help young mothers?*
29. **M. ADUNNI:** My dear Yetunde, as I said last week, family planning is beneficial to anyone who wants a good, healthy, quality family life. It is especially good for mothers. You know it is important to give space between your children so that your body can rest and recover from the stress of childbirth. A couple in drama Lami and Umar hasn't waited in between their children. The lady, Lami kept complaining of being worn out. That's a normal consequence of not spacing your pregnancies and deliveries. Hopefully after this birth, they will talk to some one at the maternity clinic and learn how to space their children going forward. Spacing gives you the time to look after yourself and your baby well so that both you and he or she can be strong and healthy. Family planning allows you to give space between your children, and by doing so, gives you the opportunity to re-gain your pre-pregnancy health. Also I'm sure with two small children, you and your partner might be under a lot of stress providing for the family's needs. Family planning also allows you to achieve your goals for your family's future by making it easier to cater to your needs.
30. **YINKUS:** Ok, Madam Adunni, next, we have an SMS from Kolawole who writes: *Madam Adunni, me and my wife really enjoy this programme. Family Planning is not really something we've considered before, but now we're thinking about it. My worry is that I don't know anybody using it, I'm afraid to try something that may not be of benefit to my family? If people are using it, how come we don't know of them?*

31. **M. ADUNNI:** Kolawole, you have made a very important point. I can tell you that there are a lot of people using different methods of FP. Where I work, I counsel them, we go through the methods, everything. The problem is that people are shy to let their neighbours and friends know what they are doing. Maybe they feel the topic is sensitive or what. But look around you, you see them and wonder how their lives look so organized and are able to care for their families so well, but you may not know that it is FP they're using behind the scenes. You may not know that it's FP that is helping them achieve their aspirations.
32. **BOSUN:** Okay Ma, we only have time for one more quick question. Let's take this SMS from Ajoke, who wants to know why she should bother finding out more about it or even using it.
33. **M. ADUNNI:** Ah Ajoke, you're still not convinced? My dear you remind me of myself when I was young. You didn't tell us if you're married or single but either way, if you're sexually active, family planning is for you. It will help you have children by choice, not by chance. It will prevent unplanned pregnancy, abortion and regrets o. It will reduce your stress and ensure you will be able to provide a quality life for your family. My dear, millions of people are enjoying the benefits of family planning. Don't be left behind. At least go and get more information about it before you decide to ignore it or not.
34. **YINKUS:** Ah Madam Adunni! Thank you! You have tried for us today. We're very grateful. Unfortunately we have to stop here because of time. Until next time ma, bye-bye.
35. **BOSUN:** Hehn Yinkus, we had some really hot questions today but our big aunty was up to the challenge. As usual I learned a lot. Family Planning DOES have many benefits for everyone.
36. **YINKUS:** Ehn well, Bosun, let me just carry our listeners over to music break whilst you continue reflecting on what you've learned today. Listeners this is "**The Invasion**" by **P-Square**. Enjoy this.
37. **MUSIC:** **MUSIC BY POPULAR NIGERIAN MUSICIAN**
38. **BOSUN:** **(EXCITED)** Heh See dance steps in the studio. I hope you all are dancing wherever you're listening. **(SERIOUS)** Anyway dear listeners, unfortunately we have come to the end of today's episode. It's time for our quiz where 5 of you have the opportunity to win one of our wonderful prizes. Today's question is:
- ***Name 3 benefits of Family Planning.***

39. **YINKUS:** Listeners, please send your answers via SMS to this number If you would like to know where you can access family planning services in your area, you can call ##### (same number). Or go to a clinic, pharmacy or PMV with a sign that says “Get it Together” and has a blue, yellow and orange puzzle pieces logo.
40. **BOSUN:** And of course, you know you can also connect with us on Facebook at the “Get it Together Ibadan/Illorin” page. Listeners, thanks for hanging out with us. Remember to make it a date every Wednesday at 4pm/ every Saturday at 5.30pm on this station. Until then, I’m Bosun “DA Boss!”
41. **YINKUS:** And of course I remain your Yinkus! O da booo! (Till next time).
42. **MUSIC:** **THEME MUSIC UP & UNDER PROGRAMME SPONSORSHIP & BY-LINE (GET IT TOGETHER, PLAN YOUR FAMILY)**